

Lillian TK.

PROFILE

- Pioneer in Dance/Movement Therapy, Singapore, 2000
- Sponsored by Sir Moses Montefiore Jewish Home: the first full time Dance/Movement Therapist in the year 2000-2006.
- Professional Membership (DTAA)
- Provincial Licensed Psychotherapist with Psychotherapy and Federation Counselling of Australia (PACFA) (ARCAP)
- Licensed Trainer and Assessor (TAE, Australia) and (ACTA, Singapore)
- Granted Scholarship in Dance by Dance Arts Singapore. Trained Under Tony Llacer.

EDUCATION

Units in Master in Science (Research), Uni of Wollongong, 2012

Master in Education (Special Education), Uni of Sydney, 2002

Master in Arts (Theology), Spore and Texas Uni, 1997

Bachelor in Arts (Bible-Theology), Texas Uni & Spore, 1990

GradDip Dance/Movement Therapy, Wesley College, Sydney, 2002

Adv. Dip Business Management, Sydney, 2006

Dip. Pastoral Ministry, Tung Ling, Spore, 1992

Dip and Cert III, Early Childhood Education and Care, Sydney, 2015

Dip. & Cert IV. Aromatherapy, Nature Care, Sydney, 2012

Cert III Ministry & Theology, Sydney, 2023

Certificate in Organic Formulation, 2016

Completed Kestenberg Movement Profile

Trained Ventriloquist

TRAINING EXPERIENCE

- 29th Nov 2021: 1 day Training Workshop: Dance/Movement Therapy with Special Needs Children, B.T. Singapore.
 - 27th Sept 2014: Professional Development "Minding the Body Moving", TCA Singapore.
 - 26th Sept 2014: Professional Development "Minding the Body Moving", SMU Singapore.
 - Sept 2014: Workshop: Dance/Movement Therapy with Children, TCA Singapore.
 - 29th & 30th Sept 2014: 2 day Training Workshop "Dance?Movement Approach for Seniors (6th re-run) SSTI, Singapore.
 - 4th Jan 2014: Workshop "Essential oils: Usage and Safety".
 - 4th Oct 2014: Workshop sessions "Dance/Movement Therapy for Caregivers" Alzheimer's Association Singapore
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- 28-30 April 2014: Sessions “Dance/Movement Therapy” with Children in Trauma, Tacloban Philippines.
- 26th April 2014: 1 day workshop “Dance/Movement Therapy” Palawan, Philippines.
- 25th April 2014: 1 day Training workshop “Developmental Movement for Parents and Professional L1”, Psych Solutions, Cavite, Philippines.
- 21st April 2014: Professional Development “Minding the Body Moving”, Psychological Association of Philippines.
- 13th April 2014: 1 day Training workshop “Development Movement for Parents and Professionals L2”, Bonbebe Learning Centre, Malaysia.
- 12th April 2014: 1 day Training workshop “Development Movement for Parents and Professionals L1”, Bonbebe Learning Centre, Malaysia.
- 18th & 19th Jan 2014: 2 days Training workshop “Moving with Meaning for Children Method”, KL Malaysia.
- 14th Jan 2014: Talk “Aromatherapy: Scent or Treatment?” Chia Chu Kang Library, Singapore.
- 11th Jan 2014: 2 days Experiential Workshop “Minding the Body Moving: Dance/Movement Therapy” (3rd re-run), Ministry of Education, Singapore.
- 14th Jan 2014: Talk “Aromatherapy: Scent or Treatment?”, Queenstown Library, Singapore.
- 1st & 2nd Oct 2013: 2 days Training workshop “Dementia: What Care Providers Need to know” AHD, Singapore.
- 2nd Oct 2013: 1 day Training workshop “Developmental Movement for Parents and Professionals”, Bonbebe Learning Centre, Malaysia.
- 7th & 9th Oct 2013: 2 days Training workshop “Dance/Movement Therapy for Care-givers”, Alzheimers Association of Singapore.
- Oct 2013: Workshop “De-stress using Natural Essentials”, Ministry of Education, Singapore.
- 4th & 6th Oct 2013: 3 days Training workshop “Moving with Meaning for children method”, Psych Solutions, Cavite, Philippines.
- 4th & 6th Oct 2013: Professional Development, Psych Solutions, Cavite, Philippines
- 8th Oct 2013: Workshop “Designing Glycerine Soaps” Singapore
- 20th Sept 2013: Workshop “Dance/Movement Therapy”, Nanyang Academy of Fine Arts Singapore.
- 16th & 18th Sept 2013: 2 days Training workshop “Dance/Movement Therapy for Care-givers”, Alzheimers Association of Singapore.
- 3rd July 2013: 1 day training workshop “Dance/Movement Therapy for elderly and people with dementia”, Korean Cultural and Education centre.
- 29th July 2013: Workshop “The Self in Connection”, Korean Cultural and Education centre.
- 28th July 2013: Panel discussions representing Singapore at the Korean Dance Therapy Conference.
- 22nd June & 6th July 2013: 2 days Training workshop “Dance/Movement Therapy for Adults with Special Needs” (Corporate training), Singapore Outreach to the Handicapped Singapore.
- 24th & 25th June 2013: Training workshop on "Elder-care: Introduction to Dance/Movement approach" (re-run), SSTI Singapore.

- 20th & 21st June 2013: Training workshop “Dance/Movement for children” (3rd re-run), SSTI Singapore.
- 22nd & 24th April 2013: 3 days Training workshop (re-run) “Moving with Meaning for children method” Psych Solutions
- 22nd & 24th April 2013: Professional Development workshop for Professionals, Cavite, Philippines.
- 15th April 2013: Workshop “Dance/Movement Therapy” La Salle College of the Arts Singapore.
- 19th April 2013: Speaker “Aromatic Medicine” for Care Group, City Harvest Singapore.
- 13th April 2013: Dance/Movement Therapy for Care-givers, Alzheimer's Association Singapore.
- 13th April 2013: Sessions “1st mummy & Me” Program in Singapore.
- 21st Oct 2012: Workshop “Body/Mind Connection” Family Day Care Centre Association Conference, NSW Australia.
- 13th Oct 2012: Workshop “[appearing your skin: Suing Natural essentials”, Singapore.
- 7th Oct 2012: Professional Development “Minding the Conscious Body”, Singapore
- 29th Sept 2012: Professional Development “ Minding the Embodied Body”, FACET, Philippines.
- 27th & 28th Sept 2012: Training Workshop “Moving with Meaning for children”, FACET, Philippines.
- 24th & 25th Sept 2012: Training “Dementia: what care providers need to know”, AHD, Singapore.
- 19th & 20th Sept 2012: Training “Children: Introduction to Dance/Movement approach”, SSTI Singapore.
- 22nd Sept, 6th & 12th Oct 2012: Consultancy with Happy Kids Club Singapore.
- 17th & 18th Sept 2012: Training “Body-Based work: Dealing with Trauma” AHD Singapore.
- 16th Sept 2012: Training “Brain development with Dance and Movement”, KK Hospital.
- 23rd Sept 2012: ST Mind Your Body “Healing Moves” article, Singapore
- 14th April 2012: Workshop “De-stress using natural essentials”, Singapore.
- 15th April 2012: Professional Development “ Minding the Authentic Body”, Singapore.
- 16th & 17th April 2012: Training “Eldercare: Introduction to Dance/Movement Approach” (re-run) SSTI Singapore.
- 2nd Oct 2012: Professional Development “ Minding the Embodied Body”, Singapore.
- 1st Oct 2011: Workshop “Dancing for Birth”, Qualities of Life Conference Suntan City Singapore.
- 25th Sept 2011: Training “Moving with Meaning for children”, Bonbebe, Malaysia.
- 24th Sept 2011: Workshop “Dancing for Birth”, Bonbebe, Malaysia.
- 26th & 27th Sept 2011: Training workshop “Introduction to Dance/Movement approach for children”, SSTI Singapore.
- 3rd Sept 2011: Professional Development “ Minding the Conscious Mind”, St Mary's Mackillop Community Care Australia.

- 14th & 15th April 2011: Training Workshop “Eldercare: Introduction to Dance/ Movement approach” (re-run), SSTI Singapore.
- 30th Sept & 1st Oct 2010: Training Workshop “Eldercare: Introduction to Dance/Movement approach”, SSTI Singapore.
- 3rd Oct 2010: Speaker “Dance/Movement Therapy” Body Mind Spirit Festival Singapore.
- 10th Sept 2010: Workshop “My Natural Essentials L2” Singapore.
- 7-9 July 2010: Funded granted for healthcare workers to provide workshop “From Motion to Emotion: An introduction to Dance/Movement Therapy & the Arts as Treatment Tool” St Andrew’s Lifestreams, Singapore.
- 3rd & 4th July 2010: Workshop “Creating your own Natural Cosmetics L1”, Singapore.
- 5th May 2009: Speak for Carer conference at Mackillop Community Care Australia.
- 17th Jan 2009: Speak for Staff Development at Chesalon Community Service Sydney.
- Nov 2008: Featured at Fairfax Community Newspaper, Sydney on “Art keeps Seniors Sharp”.
- 2008-2010: Delivered 50 courses on Dementia Care to NSW Aged care Homes, Hammond Care.
- Mar-Dec 2008: Chesalon and Sutherland Council in the Pilot project in Art Therapy for seniors and exhibition at the Seniors Arts festival Sutherland.
- Jan-Jul 2006: Weekly Sessions for Seniors on Body/Mind Connection, Hunters Hill Council Sydney.
- 30th Oct 2001: Presenter “Active Mind and Active Body” Seminar, Hunter’s Hills.
- 10 June 2001: Solo Mime Performance and Dance Performance, St Stephen’s Uniting Church.
- 2nd June 2001: Mime Performance, Wesley Mission Sydney for Children at Risk.
- 29th Dec 2000: Solo Mime Performance, East Coast Care Centre (lions Club)
- 31st Oct 200: Presenter “Active Mind and Active Body” Seminar, Hunter’s Hills.
- 2000-2006: Hands on Work with Jewish Holocaust Survivors with people with dementia in Dance/Movement Therapy, Sir Moses Montefiore Jewish Home, Sydney.
- 2001: research work with Cochlea-implant child in Dance/Movement Therapy, Sydney.
- 2000: research work with Hearing-Impaired child in Dance/Movement Therapy, Singapore.
- 2000: Hands on work with Psychiatric patients and people with disabilities on Dance/Movement Therapy.
- 17th June 2000: Ventriloquist presentation, Story-telling and Face painting, Takashimaya Singapore.
- 6th June 2000: Acted in “Dumpling Festival” at Pine Tree Club, Singapore.
- 27th May 2000: Monologue and Solo Dancer, TheatreExprezz Singapore.
- 30th April 2000: Ventriloquist presentation, Story-telling and Face painting, Liang Court Kinokuniya’s Launch, Singapore.
- 11th & 12th Feb 2000: Workshop on “contemporary dance” Kluang Church Malaysia.

- 1st dec 2000: Mime performance and Choreographer, Hope of God Church Singapore.
- 31st Dec 1999: Mime Performance, Pan Pacific Hotel Singapore.
- 1995-1996: Workshop “Basic Dance Improvisations” Asia Pacifica Theological Seminary, Philippines.
- 16th April 1995: Directed, produced and Choreographed Easter Play for 100 crew members.
- 1998: Featured at Women weekly: Your stories your lives hands on” working with hearing-impaired children.
- Feb 1995: Training “Dance workshop”, Sibul Church, Sarawak
- 16th - 18th Dec 2019: Christopher Sun’s Rally (Training 250 dancers from age 5-55 years old for 6 months to a crowd of 30,000 at Ipoh stadium, Malaysia).
- 24th & 28th August 1991: Seminar “dance and Tamborine, St Peter’s Church Ipoh (100 Participants)
- 11th & 16th Nov 1991: Seminar “dance and Tamborine, St Peter’s Church Ipoh (100 Participants)
- 1991: Choreographer and Dancer, Shell Singapore Dinner and Dance